



## January Newsletter

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Dear Susan,

Welcome to the new year! We hope you had the opportunity to relax and spend time with loved ones over the holiday season.

A huge thank-you to those who have donated to support CANAAF. Your generosity has allowed us to provide in-person support sessions and offer valuable resources to help individuals with alopecia areata and their families feel connected and supported.

As we look ahead to 2025, we are excited about the opportunities to expand our reach and impact. We encourage anyone interested in making a difference to join us as a volunteer. Together, we can raise awareness about alopecia areata, support those affected, and organize more in-person events.

We couldn't do this without you—thank you for being such an important part of our journey!

[Click here](#) to learn more about our exciting and rewarding volunteer opportunities.



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## CANAAF Mentorship Program

Our CANAAF Mentors are here to help. You may be interested in talking to a mentor if you are looking for conversation, support, or guidance from someone who

understands what it means to go through alopecia areata.

[Click Here to Learn More](#)



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## GTA / SW CANAAF COFFEE & CONVERSATION BI-MONTHLY REGISTRATION:



Next Date: Thursday, January 16th, 2025  
7:30 p.m. EDT

All adults looking for support are welcome, including those in the GTA, Hamilton, London, Waterloo, Windsor and all areas in between!

New members: Please fill out the [new member's screening questions](#) before registering below.

Contact Jennifer & Patricia at [gtasupport@canaaf.org](mailto:gtasupport@canaaf.org) if you have any questions or ideas for discussion topics for future meetings.

[Register in Advance](#)

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## **Help CANAAF Support Families Impacted by Alopecia Areata**

Your donation will ensure families impacted by alopecia areata have essential resources and support groups to help them navigate their journey.



[Please Donate Today](#)

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